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[Menopausal Support -](#)

Medical Food for the Dietary Management of Metabolic Disturbances During Menopausal Transition



IMPORTANT: HormoneEssence™ is a medical food that must be used under physician supervision as required by FDA regulations.

HormoneEssence™ is formulated to address the distinct nutritional requirements of women with documented metabolic disturbances during perimenopause and menopause that cannot be met through normal diet alone. This specialized formula is manufactured in our NSF GMP Registered facility to ensure the highest quality and purity.*

30 Individual Serving Packets | 30-Day Supply

Metabolic Foundations of Menopausal Health

The menopausal transition involves significant metabolic adaptations in response to changing hormone levels. Research has identified specific nutritional requirements for women experiencing metabolic disturbances during this transition that cannot be adequately addressed through normal diet alone.

Key metabolic pathways requiring support include:

- **Estrogen metabolism pathways** essential for healthy estrogen biotransformation
- **Bone mineral metabolism** critical for maintaining skeletal integrity
- **Thermoregulatory processes** involved in vasomotor stability
- **Neurotransmitter balance** affecting mood and cognitive function
- **Antioxidant systems** protecting against accelerated cellular aging

HormoneEssence™ provides targeted nutritional compounds that support these essential metabolic pathways in women with documented metabolic disturbances during the menopausal transition.*

Key Nutritional Components

HormoneEssence™ contains a precise combination of nutritional compounds:

- **Calcium-D-Glucarate (500mg)**: Supports healthy estrogen metabolism by promoting glucuronidation pathway function.
- **Diindolylmethane (DIM) (150mg)**: Phytonutrient that supports healthy estrogen metabolism and cellular function.
- **Calcium Hydroxyapatite (1000mg)**: Specialized calcium source that provides both calcium and phosphorus in the physiological ratio found in bone tissue.
- **Magnesium Glycinate (300mg)**: Highly bioavailable form of magnesium essential for bone mineralization and neuromuscular function.
- **Vitamin K2 (MK-7) (180mcg)**: Directs calcium to bone tissue while preventing inappropriate calcification in soft tissues.
- **Vitamin D3 (2000 IU)**: Essential for calcium absorption and immune function.
- **L-Theanine (200mg)**: Amino acid that supports calm focus and cognitive function.
- **Phosphatidylserine (100mg)**: Phospholipid that supports cognitive function and stress hormone regulation.
- **Hesperidin (100mg)**: Flavonoid that supports vascular integrity and function.
- **Black Cohosh Extract (80mg)**: Standardized botanical supporting neuroendocrine balance during menopausal transition.

Each ingredient is pharmaceutical-grade and tested for purity and potency by independent third-party laboratories.*

Indications for Use

HormoneEssence™ is specifically formulated for the dietary management of women with documented metabolic disturbances during the menopausal transition that cannot be adequately addressed through normal diet alone, including:

- Altered estrogen metabolism affecting vasomotor stability
- Disrupted bone mineral metabolism
- Neurotransmitter imbalances affecting mood and cognition
- Metabolic adaptations to changing hormone levels

As defined by FDA regulations (21 CFR 101.9(j)(8)), this medical food must be used under physician supervision and is not intended for general nutritional use.

Physician-Directed Protocol

HormoneEssence™ is available exclusively through healthcare practitioners and must be used under medical supervision:

1. **Physician Evaluation:** Required prior to initiating use
2. **Personalized Dosing:** One packet daily mixed with 8-10 oz of water
3. **Consistent Use:** As directed by your healthcare provider
4. **Medical Monitoring:** Regular follow-up with your healthcare provider
5. **Healthcare Supervision:** A requirement for all medical foods

HormoneEssence™ is a medical food intended for the dietary management of metabolic disturbances during the menopausal transition that cannot be addressed through normal diet alone. As required by FDA regulations, this product must be used under physician supervision and is not intended for general use as a nutritional supplement.